

7 States With the Most People on Food stamps

- February 16, 2015

7. Louisiana

- Number of food stamp recipients: 877,340
 - Percentage of the state's population on food stamps: **18.87%**
 - Total cost of just these benefits alone (That is, how much do just the money on those EBT cards cost the state?): Around \$108.22 million
 - Cost of benefits alone per capita in this state: \$23.27
-

6. West Virginia

- Number of food stamp recipients: 362,501
 - Percentage of the state's population on food stamps: **19.59%**
 - Total cost of just these benefits alone (That is, how much do just the money on those EBT cards cost the state?): Around \$44.71 million
 - Cost of benefits alone per capita in this state: \$24.17 per person
-

5. Tennessee

- Number of food stamp recipients: Just over 1.31 million
 - Percentage of the state's population on food stamps: **20.04%**
 - Total cost of just these benefits alone (That is, how much do just the money on those EBT cards cost the state?): Around \$161.9 million
 - Cost of benefits alone per capita in this state: \$24.72
-

4. Oregon

- Number of food stamp recipients: 802,190
- Percentage of the state's population on food stamps: **20.21%**

- Total cost of just these benefits alone (That is, how much do just the money on those EBT cards cost the state?): Around \$98.96 million
 - Cost of benefits alone per capita in this state: \$24.92 per person
-

3. New Mexico

- Number of food stamp recipients: 430,622
 - Percentage of the state's population on food stamps: **20.65%**
 - Total cost of just these benefits alone (That is, how much do just the money on those EBT cards cost the state?): Around \$53.12 million
 - Cost of benefits alone per capita in this state: \$25.47 per person
-

2. District of Columbia

- Number of food stamp recipients: 142,707
 - Percentage of the state's population on food stamps: **21.66%**
 - Total cost of just these benefits alone (That is, how much do just the money on those EBT cards cost the state?): Around \$17.6 million
 - Estimated cost of benefits alone per capita in this state: \$26.72 per person
-

1. Mississippi

- Number of food stamp recipients: 656,871
- Percentage of the state's population on food stamps: **21.94%**
- Total cost of just these benefits alone (That is, how much do just the money on those EBT cards cost the state?): Around \$81.03 million
- Estimated cost of benefits alone per capita in this state: \$27.06 per person

State	Population	Number of People on Food Stamps	Percentage of State's Population on Food Stamps	**Estimated Cost of Food Stamp Benefits to State	** Cost of Food Stamp Benefits Per Capita
Wyoming	584,153	35,871	6.14%	\$4,424,687.85	\$7.57
North Dakota	739,482	53,753	7.27%	\$6,630,432.55	\$8.97
Utah	2,942,902	229,911	7.81%	\$28,359,521.85	\$9.64
New Hampshire	1,326,813	111,701	8.42%	\$13,778,318.35	\$10.38
Nebraska	1,881,503	173,530	9.22%	\$21,404,925.50	\$11.38
Colorado	5,355,866	505,169	9.43%	\$62,312,596.15	\$11.63
Minnesota	5,457,173	533,743	9.78%	\$65,837,199.05	\$12.06
New Jersey	8,938,175	883,434	9.88%	\$108,971,583.90	\$12.19
Kansas	2,904,021	293,456	10.11%	\$36,197,797.60	\$12.46
Virginia	8,326,289	918,902	11.04%	\$113,346,561.70	\$13.61
California	38,802,500	4,349,634	11.21%	\$536,527,353.90	\$13.83
South Dakota	853,175	100,938	11.83%	\$12,450,702.30	\$14.59
Alaska	736,732	87,486	11.87%	\$10,791,398.10	\$14.65
Connecticut	3,596,677	438,559	12.19%	\$54,096,252.65	\$15.04
Montana	1,023,579	124,906	12.20%	\$15,407,155.10	\$15.05
Massachusetts	6,745,408	863,412	12.80%	\$106,501,870.20	\$15.79
Idaho	1,634,464	211,781	12.96%	\$26,123,186.35	\$15.98
Iowa	3,107,126	408,070	13.13%	\$50,335,434.50	\$16.20
Maryland	5,976,407	787,597	13.18%	\$97,150,089.95	\$16.26
Nevada	2,839,099	383,622	13.51%	\$47,319,773.70	\$16.67
Indiana	6,596,855	892,699	13.53%	\$110,114,421.65	\$16.69
Hawaii	1,419,561	194,264	13.68%	\$23,962,464.40	\$16.88
Pennsylvania	12,787,209	1,796,154	14.05%	\$221,555,595.90	\$17.33
Missouri	6,063,589	858,416	14.16%	\$105,885,613.60	\$17.46
Texas	26,956,958	3,852,675	14.29%	\$475,227,461.25	\$17.63
U.S. Total	318,857,056	46,535,888	14.59%	\$5,740,201,784.80	\$18.00
Wisconsin	5,757,564	841,533	14.62%	\$103,803,095.55	\$18.03
Vermont	626,562	93,000	14.84%	\$11,471,550.00	\$18.31
Ohio	11,594,163	1,752,135	15.11%	\$216,125,852.25	\$18.64
Arizona	6,731,484	1,044,310	15.51%	\$128,815,638.50	\$19.14
Washington	7,061,530	1,095,551	15.51%	\$135,136,215.85	\$19.14
Illinois	12,880,580	2,015,303	15.65%	\$248,587,625.05	\$19.30
Oklahoma	3,878,051	608,492	15.69%	\$75,057,488.20	\$19.35
New York	19,746,227	3,122,879	15.82%	\$385,207,124.65	\$19.51
North Carolina	9,943,964	1,575,676	15.85%	\$194,359,634.60	\$19.55
Delaware	935,614	150,232	16.06%	\$18,531,117.20	\$19.81
Arkansas	2,966,369	491,965	16.58%	\$60,683,882.75	\$20.46
Rhode Island	1,055,173	178,518	16.92%	\$22,020,195.30	\$20.87
Michigan	9,909,877	1,679,421	16.95%	\$207,156,580.35	\$20.90
South Carolina	4,832,482	834,511	17.27%	\$102,936,931.85	\$21.30
Maine	1,330,089	230,536	17.33%	\$28,436,615.60	\$21.38
Florida	19,893,297	3,526,311	17.73%	\$434,970,461.85	\$21.87
Georgia	10,097,343	1,815,833	17.98%	\$223,983,000.55	\$22.18
Alabama	4,849,377	902,073	18.60%	\$111,270,704.55	\$22.95
Kentucky	4,413,457	828,076	18.76%	\$102,143,174.60	\$23.14
Louisiana	4,649,676	877,340	18.87%	\$108,219,889.00	\$23.27
West Virginia	1,850,326	362,501	19.59%	\$44,714,498.35	\$24.17
Tennessee	6,549,352	1,312,505	20.04%	\$161,897,491.75	\$24.72
Oregon	3,970,239	802,190	20.21%	\$98,950,136.50	\$24.92
New Mexico	2,085,572	430,622	20.65%	\$53,117,223.70	\$25.47
District of Columbia	658,893	142,707	21.66%	\$17,602,908.45	\$26.72
Mississippi	2,994,079	656,871	21.94%	\$81,025,037.85	\$27.06

** all Food Stamp data is as of February 6, 2015, the USDA's most recent estimates for FY 2014

** Cost of food stamp benefits are computed based on the average benefit per person of \$123.35.

** Population data is from the Census Bureau's 2014 estimates.

This is the cost of benefits only, and does not include administration costs, or other costs associated with the program.

[125 Reactions](#)

Graphic by Erika Rawes//data from Census and USDA

Read more: <http://wallstcheatsheet.com/personal-finance/7-states-with-the-most-people-on-food-stamps.html/?a=viewall#ixzz3RwoddMgB>